Ashburn
PSYCHIATRIC HEALTH CARE

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Luncheon Seminar

Luncheon: 12.00 pm-12.30 pm | Presentation: 12.30 pm-1.30 pm

Partnering for recovery: Integrating peer-led support into wraparound care

Otago Mental Health Support Trust

Monday, 9 November 2026

The Otago Mental Health Support Trust (OMHST) provides community-based peer support grounded in mutuality, self-determination, and shared lived experience. Working alongside clinical teams in a non-clinical setting, OMHST offers accessible support for people navigating mental health and addiction challenges through 1-on-1 peer work and group programmes.

This seminar explores how authentic peer support complements clinical formulation and care planning. We will discuss the role of relational safety in peer practice, how lived-experience support can strengthen therapeutic engagement, and practical ways clinical teams and OMHST or other peer-led support agencies can work together to support tangata whaiora.

About our Presenters

Craig de Beer joined the OMHST as General Manager in November 2025. He brings seven years of executive experience from the biotech sector, where he served as Chief Information Officer and Director of Operations for an international digital health diagnostics firm. At OMHST, Craig combines his background in operations and systems leadership with the principles of Purposeful Peer Support Aotearoa. His focus is on building practical, collaborative relationships across the mental health sector.

Grant Cooper has worked in the mental health sector for over 25 years, drawing on his own lived experience of mental distress to inform his practice. His background includes serving as a Mental Health Promoter for the Mental Health Foundation's Like Minds, Like Mine programme, a landmark national campaign established in 1996 to reduce stigma and discrimination. As a Peer Navigator and Educator at OMHST, Grant focuses on delivering authentic, lived-experience education and supporting tangata whaiora through peer-led care.

CLICK HERE TO
REGISTER
OR SCAN QR CODE

Registrations are **essential** for catering and seating.

Registrations close on:

Wednesday, 4 November 2026

Please note, this seminar will be recorded.

Housekeeping:

- Seminars are held on-site in the Recreation Hall.
- **Limited parking on-site. Parks are available at the top car park. Car-pooling recommended.**
- Please avoid parking in front of the main Reception building.
- No smoking on-site.
- We follow COVID requirements and best practice.
- If symptomatic, please stay at home.

Coming up:

ATPM Seminar Series
Selected Theorists
March – May 2027

See our website for more information.