

Advanced Theory of Psychotherapy Module Series



ATPM 262 - Models of Psychotherapeutic Practice

Tuesdays 7.00–8.30pm. Medicott Education Centre, Ashburn Clinic

Course Cost \$800

Date/No.	Title/Theme	Topics	Presenter
21 July 262-1	Group work and systems The therapeutic group and systems	- Group analysis, psychodrama, therapeutic communities - The group as a treatment entity - Therapy in the group and therapy of the group - Open and closed systems; change	Daniel Larsen Psychotherapist
28 July 262-2	Infant observation	- The history and development of mother- infant observation in psychotherapy training - Key concepts and theoretical underpinnings - Philosophical and methodological debates	Cindy Smith Psychotherapist
04 Aug 262-3	Individuals Building a therapeutic relationship	- The therapeutic relationship - Transference and countertransference - Unconscious dynamics	Anna Delaney Psychotherapist
11 Aug 262-4	Couples Tasks and problems	- The conscious and the unconscious marital contracts - The tasks of intimacy and autonomy	Robert Ford Psychotherapist
18 Aug 262-5	Families Developmental tasks and problems / Strategies for intervention	- Definition and variations of the family - Roles in families - Models of family therapy - Cultural considerations	Jo McKenzie Psychotherapist
25 Aug 262-6	AI and the psychotherapist	- The seminar discusses current perspectives on AI and the working therapist - AI in context - AI and therapeutic interaction - AI assistance in clinical workspaces - AI and chatbots - AI ethics and data privacy	Dr John Farnsworth
01 Sept 262-7	Cultural difference	Using a psychodynamic formulation from a therapeutic process to facilitate exploration of colonisation and post-colonial contexts in the collective unconscious	Tanya Phillips Psychotherapist in Training (TA), & Cindy Smith Psychotherapist

08 Sept 262-8	Relational psychotherapy	• Distinctions from other therapies • Key principles • Case examples	Dr John Farnsworth
15 Sept 262-9	Body and somatic psychotherapy approaches	• The body and psychotherapy • Working with trauma in the body • Clinical implications	Cindy Smith Psychotherapist & Caitlin Fleming Occupational Therapist
22 Sept 262-10	Modalities of psychotherapy	• Group discussion and summary session	Jo McKenzie Psychotherapist & Justine Greig Psychotherapist

For those engaging in an assessed form of Module 262, the assessment essay is due on Friday 16 October 2026 (four Fridays after the last session).

To enrol: www.ashburn.co.nz/health-professionals

Enquiries contact education@ashburn.co.nz