

# Ashburn Clinic

## Luncheon Seminar: 11 February 2019

Luncheon: 12.00–12.30 pm    Presentation: 12.30 pm–1.30 pm

Please RSVP for catering purposes by Wednesday 6 February.

Email: [rebecca@ashburn.co.nz](mailto:rebecca@ashburn.co.nz)

Location: Ashburn gym  
Parking: top carpark.  
No smoking onsite.

Sponsorship for the luncheon seminars has generously been provided by the James Hume Bequest Fund.



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[www.ashburn.co.nz](http://www.ashburn.co.nz)

### Mental Health Advance Directives

**Presenters:** Johnnie Potiki, Heather Casey, Professor John Dawson, Jessie Lenagh-Glue

The Southern District Health Board embarked on a partnership with Auckland and Otago universities to create a template for advance directives. The aim of the research project is to document the process of developing a local advance directive for mental health care – MAP (Mental-health Advance Preferences statement). Quantitative data has been collected from consumers and service providers and analysed.

The seminar will outline:

- Research process and conclusions
- Areas of agreement and difference in response from the two groups (consumers and service providers) in terms of the usefulness and methods of implementation of MAPs
- Ways to enhance successful completion
- Future research at the national level.

*Johnnie Potiki is a Consumer Advisor for the Mental Health, Addictions and Intellectual Disability Directorate.*

*Heather Casey is the Director of Mental Health, Addiction and Intellectual Disability Services at the SDHB. She has worked in a number of roles over many years and her interests are diverse, in particular ensuring the nursing workforce is well-prepared and supported to practice and work with people. Her interest in least-restrictive practice and maximising choice led to her involvement in this research.*

*John Dawson is a Professor of Law at the University of Otago, with a long-term interest in mental health law.*

*Jessie Lenagh-Glue is a Senior Research Fellow, Faculty of Law at the University of Otago, specialising in law related to medicine, psychology and consent.*

### Advanced Theory of Psychotherapy Module series

- 19 March–28 May: *Selected Theorists*
- 2 July–10 September: *Abnormal Psychology*